

A Weaving of Kundalini Yoga, Expressive Dance & Meditation
~ World Stories of the Feminine ~

*We can comprehend and know
our own being **only** when we can make it
visible in the image of our god.*

~ Ernst Cassirer

In other words:

If, as women, we find our own face visible
in our images of the Divine, then we are
able to know and empower ourselves
individually and in the world.



- Week 1. Hestia, Keeper of the Hearth**
- Week 2. Tara, Compassion & Protection**
- Week 3. Bridgid, Inspiration & Creativity**
- Week 4. Grandmother Spider, weaving the
Web of All Creation**
- Week 5. Yemaya, Lady of the Waters**
- Week 6. Lakshmi, Lady of Prosperity**

Come be in sacred play with these mythic Faces of the Feminine!

Shamsher / Diane Bunting

6 week series Monday, June 17 - July 22 4 - 5:30 pm

The Studio at Jefferson Park, 801 N. Mason, Tacoma \$91

Space for 19 women. We anticipate this class series filling quickly; pre-registration is required.

**Through Kundalini Yoga, expressive dance & meditation, we awaken & embody
these diverse qualities of the Sacred Feminine found throughout the world.**

For more information, contact

Shamsher / Diane Bunting (253) 853-5221, shamsher.diane@gmail.com

Or go to the website: www.yoga-with-shamsher.com

To register, contact Diane / Shamsher.

**Shamsher / Diane Bunting, M.S., KRI-certified Level 2 Yoga instructor, has 43 years yoga
experience, teaching more than 11,000 hours of Kundalini Yoga over the past 24 years. She
delights in collaboratively awakening & enlivening the Sacred Feminine.**