

A Weaving of Kundalini Yoga, Expressive Dance & Meditation
~ World Stories of the Feminine ~

*We can comprehend and know
our own being **only** when we can make it
visible in the image of our god.*

~ Ernst Cassirer

In other words:

If, as women, we find our own face visible
in our images of the Divine, then we are
able to know and empower ourselves
individually and in the world.



2020

- SCHEDULE FORTHCOMING -

Have an Enlightening 2020!

The Studio at Jefferson Park, 801 N. Mason, Tacoma

Through Kundalini Yoga, expressive dance & meditation, we awaken & embody
these diverse qualities of the Sacred Feminine found throughout the world.

For more information, contact

Shamsher / Diane Bunting (253) 853-5221, shamsher.diane@gmail.com

Or go to the website: www.yoga-with-shamsher.com

To register, contact Diane / Shamsher.

**Shamsher / Diane Bunting, M.S., KRI-certified Level 2 Yoga instructor, has 44 years yoga
experience, teaching more than 11,000 hours of Kundalini Yoga over the past 25 years. She
delights in collaboratively awakening & enlivening the Sacred Feminine.**